

### ALL PROGRAMS INCLUDE:

- Individual Weekly Sessions of 90 min
- Personalized, Integral and Deep Work
- Astrological Interpretation
- Therapeutic Work
- Continuous monitoring (email, whatsapp)
   during the duration of the program

## BASIC "KNOW YOURSELF"

12 Sessions - 5 Modules

### ADVANCED

"WHERE I COME FROM AND WHERE I'M GOING"

24 Sessions - 8 Modules

# DEEP "ME WITH THE OTHERS"

48 Sessions - 12 Modules 6 FREE Sessions Extra - 1 Module

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### 12 Sessions - 5 Modules

### MOD 1 - ASPECT FIGURE - 1st SESSION

The aspects figure symbolizes the person's motivation in life and is the equivalent of what, in Alice A. Bailey's esoteric psychology, is known as the causal body. It is the deepest level of the human being. The entire development of life depends on this motivating vital energy.

#### MOD 2 - PERSONALITY - 2nd, 3rd AND 4th SESSIONS

Personality is a tripartite structure. The Sun represents the mental self. The Sun is autonomous and makes decisions independently. The Moon is the emotional self. With it we look for love and contact, and everything that concerns us emotionally is reflected in it. Saturn is the bodily pole of the self: bodily consciousness. Its basic motivation is safety.

#### • Saturn - Self-confidence

Saturn refers to the corporeal dimension and provides us with information about the relationship with our own body and also with our mother. Psychology has shown that the experience of the Self in the body depends largely on the feeling of unity or symbiosis in the relationship with the mother during the first two years of life. If there were no problems in this symbiotic phase, bodily existence is normal and even pleasant. The skin is our natural border with the environment and is ruled by Saturn.

#### • Moon - Consciousness of You

To experience itself as me, the Moon needs the environment. With the emotional I we need the confirmation of the You. The Moon is not capable of giving confirmation to itself like the Sun, it needs to receive it from others. This makes it dependent on the contact situation in which it finds itself. This second level of personality is comparable to water. The Moon reflects the emotional self and everything that is related to feelings.

### 12 Sessions - 5 Modules

#### • Sun - Self Consciousness

The Sun was always considered the most important means of expression of the personality. It symbolizes self-awareness and is the instance of the most effective self of the personality.

#### MOD 3 - SKILLS - 5th, 6th AND 7th SESSIONS

• Venus - How I Enjoy

Venus cheers us up through beauty and charm, emphasizes the good things in life, and seeks perfection and completeness. Wherever she appears, she brings relaxation, balance and harmony.

• Mercury and Jupiter - How I Learn

Mercury has an intermediary function. Participate in all forms of relationship existing in human life. From it comes the impulse to relate, establish contact and exchange ideas. Mercury creates fields of communication and networking. It is uninterruptedly active establishing relationships between everything and maintaining communication between the different elements.

With Jupiter we recognize and enjoy what is beautiful, pleasant and perfect. Its fullness makes us happy, gives us hope, confidence and a positive outlook on all the good things in the world. It allows us to enjoy life and be happy. Jupiter is the planet of joie de vivre.

• Mars - How I Achieve

Without Mars, in our life there would be little activity, little movement and little change. Mars enjoys the action and provides us with the necessary impetus to set things in motion and make things happen that didn't exist before. It is a driving force that comes into play when stimulated.

### 12 Sessions - 5 Modules

### MOD 4 - SPIRITUAL GROWTH - 8th, 9th AND 10th SESSIONS

• Uranus - Creative Intelligence

Uranus seeks knowledge with no other motivation than the pure love of knowledge. It is the investigative spirit that seeks solutions to existing problems. Uranus breaks into consciousness by bringing new ideas that can change the situation at once.

• Neptune - Universal Love

Love as pure reason, sensitivity, loving dedication and identification with everything alive. Sensitive approach to more subtle vibrations.

• Pluto - Spiritual Will

Pluto produces a transformation of character and a fundamental change in the attitude and vital motivation of the individual. As an image of the higher self, Pluto sets in motion a dynamic process that purifies and regenerates both the individual and those around him.

### MOD 5 - LILITH AND CHIRON - 11th AND 12th SESSIONS

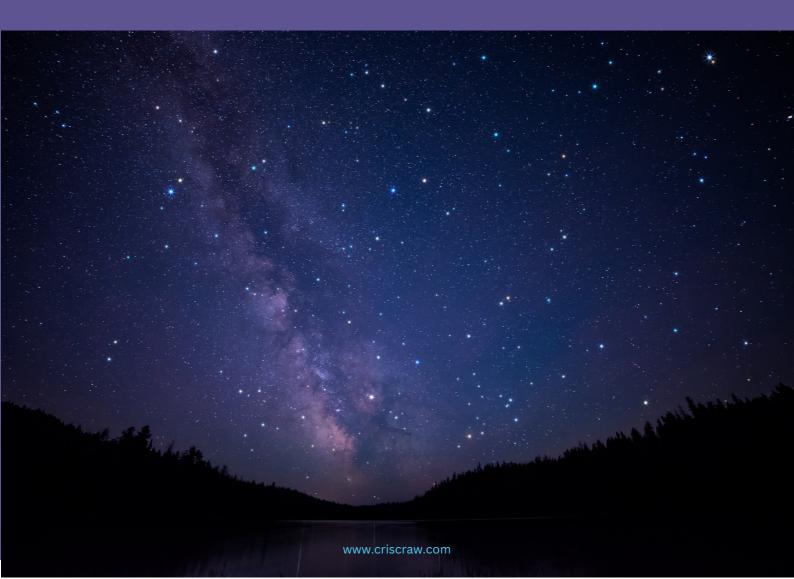
• Lilith - Inner Shadow

Lilith is connected with the inner shadow, also with the areas where we put our feet on the ground, set limits and express anger.

Lilith is also related to inner authority, sensuality and sexuality, as well as how we choose (or not) to go against the grain and defy the norms.

### 12 Sessions - 5 Modules

- Chiron The Primal Wound Chiron is the path of observation of two major types of injuries during life:
- The primal ones, which are caused by the non-empathic or rejecting attitudes of the caregivers or of society itself and which generally occur during childhood.
- Those of adulthood, those that happen consciously or unconsciously to be able to face the way back, thus overcoming the primal wound.



### ADVANCED

### "WHERE I COME FROM AND WHERE I'M GOING"

### 24 Sessions - 8 Modules

### MOD 1 - 5 OF THE BASIC PROGRAM "KNOW YOURSELF"

MOD 6 - FAMILY MODEL - 13<sup>th</sup>, 14<sup>th</sup> AND 15<sup>th</sup> SESSIONS Many of the experiences that we have today with the planets of personality are related to the family models in which we grew up and constitute the way in which we experience development. Starting from paternal and maternal figures that guided us, generating patterns that we either repeat or that we want to deeply modify, we will be able to understand these patterns in order to locate ourselves and recompose our family system.

#### MOD 7 - AGE PROGRESSION - 16th-21st SESSIONS

There are events that barely leave a mark on our interior; on the other hand, certain deep experiences have no reflection on the outside.

Events and experiences are related. So we learn and get a memory.

### MOD 8 - 3 CHARTS; HOUSES, NODAL AND RADIX - 22<sup>nd</sup>, 23<sup>rd</sup> AND 24<sup>th</sup> SESSIONS

The basis of the consultation within the Huber specialty or Astrological Psychology is based on the study and evaluation of three charts or horoscopes. The base and starting point is always the Natal Chart or Radix Chart, the most important and the one that contains all the essential information of the person. From this same chart we derive two new charts that help us to deepen the importance of the cultural imprint of the place of birth as well as the unconscious connections of archetypes present in the family tree and the unconscious drives of the person.

## DEEP "ME WITH THE OTHERS"

### 48 Sessions - 12 Modules 6 FREE Sessions Extra - 1 Module

MOD 1 - 5 OF THE BASIC PROGRAM "KNOW YOURSELF"

MOD 6 - 8 OF THE ADVANCED PROGRAM "WHERE I COME FROM AND WHERE I AM GOING"

#### MOD 9 - LOVE AND CONTACT - 24th-29th SESSIONS

The position of the Moon defines the need to be loved, to be accepted and recognized by other people, an essential component of the emotional self. The experimentation of contact and the need for love have lights and shadows since it is in constant movement. Feelings are a fluctuating element. When there is nothing that makes us happy and gives us satisfaction, we are depressed and sad. The process of progress towards self-awareness demands and requires learning, and learning on this level implies and demands the ability to love.

#### MOD 10 - INTELLIGENCE - 30th-36th SESSIONS

The interaction between the three basic functions is the fundamental condition of any form of intelligence.

They allow the collection of knowledge, especially those that refer to the physical nature of things, as well as to make new combinations with existing material. Thanks to them, we can perceive many differences and even reach something new.

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MOD 11 - SOUL, KARMA AND DHARMA- 37th-42nd SESSIONS In these sessions we will observe elements of interaction between the past and the present that affect development. When we are in conflict and cannot move forward, the click of karma brings new elements that seen together can help the person to get out of the crossroads.

The Soul chart is a new chart that can be used when progressing through the quest process. Evolution demands that once we work reasonably on our personality, that is to say that we know a little more about who we are, what we have reconciled with our past, where we come from with the astrology of the lunar node, we can begin to look forward, where come on. The Soul chart helps us understand Reality and from there infer the purpose of our life. It represents the world of Causes, not of effects where we have been living up to now.

The Dharma chart is a chart that, when we are focused on the evolutionary process, guides us to understand the legacy we are leaving behind.

MOD 12 - SYNASTRY AND COUPLE - 43rd-48th SESSIONS Synastry is an astrological analysis that, by comparing two natal charts, makes it possible to study the relationship between two people and, therefore, to then establish directions that facilitate positive interaction between them. We can, for example, determine the affinity and compatibility between them, as well as the attraction, the challenges they will surely have to face and the points in common and friction that will be found in the relationship.

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BONUS - 7 RAYS - 49th-54th SESSIONS

The 7 rays determine the fields of your aggregate personality, your mental, emotional and physical field. Your individual Soul is also affected by the quality of a particular ray which is directly related to your individual purpose.



# FEES & TIMES CONSULT Cristina Crawford

Professional Astrologist, Life Coach and Midwife

